

THE BIG READING LIST

Name _____

A Vashti Harrison Reading Challenge

Vashti Harrison, beloved creator of "Little Leaders" and "Little Legends," was awarded the Caldecott medal for her most recent work, "Big." That book is about growing up big in a "world that prizes small." Here Vashti shares with us the reading list that inspired and helped her in the process of writing "Big." The books range but most are about understanding and dismantling anti-fat bias and adultification bias, and they also include celebrations of black girlhood. Add these titles to your TBR list and mark them off as you read!



Book Recommendations

- Girlhood Interrupted: The Erasure of Black Girls' Childhoods (article from Georgetown University)
- "The Body is Not an Apology: The Power of Radical Self-Love" by Sonya Renee Taylor
- "Fearing the Black Body: The Racial Origins of Fat Phobia" by Sabrina Strings
- "Fat Talk: Parenting in the Age of Diet Culture" by Virginia Sole-Smith
- "The Bluest Eye" by Toni Morrison
- "I Love My Body Because" by Nomi Ellenson and Shelly Anand
- "What We Don't Talk About When We Talk About Fat" by Aubrey Gordon
- "Shrill: Notes from a Loud Woman" by Lindy West
- "On Girlhood" by Glory Edim
- "Bodies are Cool" by Tyler Feder
- "Black Girl You Are Atlas" Renée Watson
- "Starfish" by Lisa Fipps
- "Hunger" by Roxane Gay
- "Big" by Vashti Harrison



THE BIG READING LIST

A Vashti Harrison Reading Challenge

Reading Log

Color in a heart for every 30 minutes that you read.



30m



60m



90m



120m



150m



180m



210m



240m



270m



300m



Vashti Harrison was a guest on the Beanstack podcast, The Reading Culture, where she shared this challenge and her journey to becoming a writer.

Learn more at
[THEREADINGCULTUREPOD.COM](https://www.thereadingculturepod.com)